



Advocacy in Utah

Follow Along Online:

Visit the award winning website from the Utah State Legislature: www.le.utah.gov.

- On the website you can find, read about, and contact your legislator.
- Further, you can track committees in which important bills will be heard.
- You can also locate any progress on bills of interest.

Write your Legislator

One letter to a legislator represents the opinions of 25 people. Learn how to effectively write to your senators and representatives on the hill. Writing a letter can be a great way to convey your opinions.

Find legislators home addresses and email addresses at www.le.utah.gov or write to them at the Capitol:

Utah State Senate
320 State Capitol
PO Box 145115
Salt Lake City, Utah 84114

Utah House of Representatives
350 North State, Suite 350
PO Box 145030
Salt Lake City, Utah 84114

Write a Letter to the Editor

Inform the public about your issues of interest in a letter to the editor.

- When submitting letters please include your full name, signature (if mailed), address, and daytime telephone numbers. Information other than your name and the city in which you live are kept confidential.
- Keep them to 200 words or less. Concise letters developing a single theme are more likely to be published.
- For hard copy submissions, please type and double space throughout.
- E-mails with attachments will not be accepted. The opinion must be submitted as a plain text in the body of the message.

Submit opinion pieces to:

The Salt Lake Tribune

- Email: send it to vanderson@sltrib.com
- Mail: Vern Anderson, The Salt Lake Tribune, 90 S. 400 West, Salt Lake City, UT 84101

The Deseret News

- Email: write to Jay Evensen at letters@desnews.com

- Mail: Jay Evensen, The Deseret News, 30 E 100 South P.O. Box 1257 Salt Lake City, UT 84110

Make a Phone Call

Calling is quick and easy. When the legislature is not in session it is best to call legislators at home or at their work. All of their phone numbers are posted on the legislative website.

When calling always keep your comments short and be informed and polite. Keep in mind that your effectiveness is related to the legislators experience with you as much as the facts that you are sharing.

Read UCAPA's Legislative Update

UCAPA publishes a weekly update during the legislative session. The update includes information on many poverty issues. The update is free and easy! To subscribe email shawn@utahcap.org.

Attend Democracy Day at the Legislature

Democracy Day at the Legislature is a great opportunity to learn about the legislative process, be inspired and meet face-to-face with your legislature. Democracy Day will be February 1, 2010 at the Capitol. For more information email jessie@utahcap.org.

"If you think you're too small to have an impact, try going to sleep with a mosquito."

-- Anita Roddick